



TN & IN coactionHealth Off-the-Hook Results

August 19, 2015

Dear Colleagues,

One of the most fun aspects of being part of CCE is our Innovation Lab. We get to take ideas from staff (some that come from the Idea Hub) and our brilliant leaders try to put them in reality!

The Zero Suicide protocol was one of the first Innovation Lab ideas – championed by David Guth and the CEOs and led by Becky Stoll for the first TN pilot, it has spread from TN to IN (thank to Jenny Harrison and her team) to IL (thanks to Verletta Saxon and her team) and has saved many Centerstone Lives and gotten international recognition for its success (and its practicality for being able to be implemented on the ground).

Last year, we tried at CCE, under the direction of CEO Dr. Tom Doub and using some of the nifty analytics that Nikki Tumey and her team had set up, to see if we could work with our highest performing staff and teams to solve one of the biggest issues in healthcare – the fact that over HALF of all healthcare dollars are spent by just 5% of the people (superutilizers). The result of that effort was coactionHealth, a Centerstone-developed clinical model designed specifically for persons with serious mental illness and co-occurring medical conditions that make frequent use of ERs and hospitals.

The development of the first coactionHealth pilot would not have been possible without the TN leadership of Mary Moran, Mandi Hodges and Stephanie Cooper, and the refinement into a model we can replicate would not have been possible without the IN leadership of Maren Sheese, Leslie Couch, Tara Todd, Teresea Higham and their wellness coach team (with great leadership support from Linda Grove-Paul, David Carrico and Kathleen Lewis).

The results are stunning. In both sites, we were able to decrease hospitalization days over 50% and days in the ER by over 30%. In 3 months of care for 72 patients, there was a reduction of \$500,000 in hospital and ER costs. These results are incredibly good, and we are getting calls nationally asking us about what we did.

If you have some time, check out [this video](#) about coactionHealth that CCE staffer Claire Bohmann made. It has interviews with Teresea, Leslie and several of our inspiring coactionHealth clients.

So very grateful for this adventure this year with all of the staff who made coactionHealth work for the patients who really needed that care – and very much looking forward to see what we're going to do next!

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Centerstone's mission is to prevent and cure mental illness and addiction.